

“Good for You” Low Fat Strawberry-Brownie Trifle

1 pkg Brownie mix (13 x 9)
2 cups McLeod Farms strawberries, sliced
2 1.5 oz size Jello sugar free/ fat free instant vanilla pudding
3 cups fat free milk
1 8 oz tub Lite Cool Whip
4 cups McLeod Farms Strawberries, sliced

Prepare brownies according to package directions. Cool, then break into bite size pieces.

Slice strawberries, sprinkle with Splenda to taste, set aside.

Prepare pudding with fat free milk. Chill 5 minutes.

To assemble trifle:

Layer brownies, pudding, strawberries, and cool whip, ending with cool whip. Garnish with brownie crumbs and fresh berries. Chill 2 hours before serving.

Recipe Courtesy of McLeod Farms, www.macspride.com.